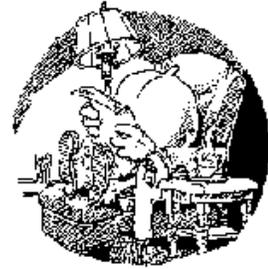




The Garbanzo Gazette

August 1, 2013



Growers Market's Weekly Newsletter

GROWERS MARKET NEWS

Meetings:

Board Meeting: Thursday Aug. 22, 5:30pm at Growers

Help Wanted

SEE BELOW FOR DETAILS!

Website: <http://GrowersMarket.net>

DRY GOODS NOTES

have i ever mentioned what a stress 'fad foods' put on availability of items? things that have been out of stock or in very spotty supply currently include: brown rice tortillas, sprouted corn tortillas, natural value coconut milk (bpa free can), coconut aminos, coconut water, quinoa, macadamia nuts and, drum roll please, heritage flake cereal. here we are utilizing good, quality foods and suddenly a mention on dr. oz, or any of a number of 'show me the \$ and i'll show your product' programs and the entire supply system is on its head. you factor in the reality that the high priced chain markets get the priority shipments and it leaves the little places, growers, waiting and waiting for items we've carried for a long time. sigh. and then there is vita mineral green, i don't know if we are ever getting that back, i placed an order in late april and had to call back when it did not arrive, was told it should be back in stock by the end of june. still no vita mineral green. currently looking for sub-suppliers who may have some left. and so it goes.

PARTY FOR MARTIN, FRIDAY AUGUST 16

a CELEBRATION is going to be held friday august 16, martin's birthday!!!!!!!!!! he's at growers that day so starting about 4:00 there will be chocolate eclipse cake and silly songs. feel free to bring more cakes, frozen yummys, party hats and your best off beat birthday songs. you see, dear growers folks, martin is going to portland for graduate school so this is a chance to celebrate him before he takes off. there are plans trying to be worked out for a 'we love you and will miss you and please, oh please, hurry back' party but while that is being worked on we will party at

growers during martin's last or next to last shift. hope to see you there.

sue

SUSTAINABLE PREPAREDNESS SEMINAR

Sunday, Aug 4th, from 10-4:30. Special emphasis on low cost solutions to deal with economic instability and natural disasters. Topics include: year-round home grocery store, live canning and bread-making demos, what to look for in land or a homestead, health preparedness (natural remedies), independent water systems, renewable energy systems, and heating with wood. Location: Eugene SDA Church at 1275 Polk Street, Eugene. THE SEMINAR IS FREE, AND LUNCH IS ON A DONATION BASIS.

Local contact: Crystal at 541-863-9706.

www.sustainablepreparedness.com.

HELP WANTED....We need **YOU** to make Growers happen. If you can help with any of these jobs, stop by during that shift and speak with a coordinator on duty
Tuesday closer 7:00-8ish

Thursday every other week middle coordinator

Thursday cashiers 2:30-5:30

Thursday closer 7:00-8ish (could be 7:30- 8:30 ish)

Friday AM and PM cashiers

OFFICE FOR RENT

Growers Market has an office for rent. The office is 132 square feet and rents for \$100 per month. This includes utilities and high speed internet. Use of a shared meeting space is also provided. Non profits are given preference.

Contact: growmgr@gmail.com

Send submissions to garbanzo@lists.opn.org. Newsletter copy deadline is 5:00 pm Wednesday. Market hours are Tuesdays 5:30-7:30pm; Thursdays 2:30 to 7:30 pm and Fridays 10:00 am to 6:30 pm. An orientation to Growers is held each Thursday at 1:30. The Growers email list includes an electronic banzo, events notices, and other misc. info. growers@lists.opn.org To subscribe via email, send a message to growers-join@lists.opn.org Growers Market: 541-687-1145

Pre Order Produce by E-Mail

Send an e-mail to growers.market@gmail.com by Tuesday evening @ 6:30pm to preorder produce for that week.